

## Extra-Curricular Opportunities for students of St John's School

Current as of January 2026

|                   | EPISKOPI STATION                                                                                  |              |                                     |                                        | AKROTIRI STATION                                                           |              |          |             | REPUBLIC OF CYPRUS                                                                                  |          |               |         |
|-------------------|---------------------------------------------------------------------------------------------------|--------------|-------------------------------------|----------------------------------------|----------------------------------------------------------------------------|--------------|----------|-------------|-----------------------------------------------------------------------------------------------------|----------|---------------|---------|
| ACTIVITIES        | ORGANISERS                                                                                        | MEET         | DAY                                 | TIME                                   | ORGANISERS                                                                 | MEET         | DAY      | TIME        | ORGANISERS                                                                                          | MEET     | DAY           | TIME    |
| Swimming          | Swim Squad & Lessons<br>Andros K Jane<br><a href="#">(20+) Episkopi Swim School   Facebook</a>    | Station Pool | Monday<br>Wednesday                 | 18:15-19:45<br>15:15-16:00             | Swim Squad Julie<br><a href="#">(20+) Facebook</a>                         | Station Pool | Tuesday  | 17:00-18:00 | Ypsonas Sports Centre<br>77777172                                                                   | Lynn     | Monday-Friday | 15:00   |
| Running Club      | Aimee Milner & Matt Sanders<br><a href="#">(20+) Episkopi Running And Walking Club   Facebook</a> | Happy Valley | Tues-Track session<br>Thurs-5km run | 17:00-18:00                            |                                                                            |              |          |             | Apollon Runners<br><a href="#">Apollonrunners@gmail.com</a><br>Call Mr Andreas Odisatis<br>99469390 | Limassol | Various       | Various |
| Park Run          | Aimee Milner & Matt Sanders<br><a href="#">home   Happy Valley parkrun   Happy Valley parkrun</a> | Happy Valley | Saturday                            | 07:50-sign up time<br>08:00-start time | Katie Fenton<br><a href="#">home   Akrotiri parkrun   Akrotiri parkrun</a> | Chaplaincy   | Saturday | 08:00       |                                                                                                     |          |               |         |
| Netball 14 and up | Stacey Priestley<br>Episkopi Netball                                                              | Station Gym  | Wednesday                           | 17:30-19:00                            |                                                                            | Station Gym  | Monday   | 18:00       |                                                                                                     |          |               |         |

### Disclaimer:

Please note that the activities listed below are not organised or supervised by St John's School. The school does not endorse or take responsibility for any aspect of these events, including safety, supervision, or content. Parents and guardians should assess the suitability of these activities and make their own arrangements directly with the organisers.

|              | EPISKOPI STATION                                                                                                               |                                                |                                             |                                               | AKROTIRI STATION                                                                                  |                             |                                           |                            | REPUBLIC OF CYRPUS                                                                                                                                                       |                                                    |                                  |                                  |
|--------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|---------------------------------------------|-----------------------------------------------|---------------------------------------------------------------------------------------------------|-----------------------------|-------------------------------------------|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|----------------------------------|----------------------------------|
| ACTIVITIES   | ORGANISERS                                                                                                                     | MEET                                           | DAY                                         | TIME                                          | ORGANISERS                                                                                        | MEET                        | DAY                                       | TIME                       | ORGANISERS                                                                                                                                                               | MEET                                               | DAY                              | TIME                             |
| Rugby        | James Bennington<br><a href="mailto:akirugbyclubcy@gmail.com">akirugbyclubcy@gmail.com</a>                                     | Happy Valley                                   | Thursday                                    | 14:15-13:00                                   | James Bennington<br><a href="mailto:akirugbyclubcy@gmail.com">akirugbyclubcy@gmail.com</a>        | Aki Rugby Club              | Friday<br>Tuesday                         | 14:00-18:00                | Limassol Crusaders<br><a href="mailto:Info@limassolcrusadersfc.com">Info@limassolcrusadersfc.com</a>                                                                     | Limassol Crusaders Grounds                         | Thursday                         | 19:00                            |
| Tennis       | Damian Spence<br><a href="mailto:damospencer@hotmail.com">damospencer@hotmail.com</a><br>99267073<br><br>Station Tennis Courts | Kensington Courts<br><br>Station Tennis Courts | Tuesday<br>Friday<br><br>Monday<br>Thursday | Privately organised<br><br>1700 - 1900hrs     | Damian Spence<br><a href="mailto:damospencer@hotmail.com">damospencer@hotmail.com</a><br>99267073 | Officers Mess Tennis Courts | Thursday<br>Saturday                      | 14:00-17:30<br>07:30-10:00 | Famagusta Tennis Club (Limassol)<br><a href="http://www.famagustatrtrt.com">www.famagustatrtrt.com</a><br><a href="mailto:Info@famagustatc.com">Info@famagustatc.com</a> | Famagusta Tennis Club, behind the American Academy | Various                          | Various                          |
| Horse Riding | Episkopi saddle club<br><a href="#">(20+) Episkopi saddle club (jssc)</a><br><a href="#">  Facebook</a>                        | Happy Valley                                   | Tues – Fri<br>Saturday<br>Sunday            | 14:30-16:30<br>09:00 – 14:00<br>09:00 – 11:00 | Laura Wardle or Sally Swann                                                                       | Aki Stable                  | Monday<br>Wednesday<br>Friday<br>Saturday | 14:00-18:00                |                                                                                                                                                                          |                                                    |                                  |                                  |
| Sailing      | Barry or Edith<br><a href="#">ESSC (Episkopi Services Sailing Club) - Sailing on warm clear water and the sun</a>              | Sailing Club                                   | Saturday<br>Sunday                          | 12:00 – 17:00<br>09:00-13:00                  |                                                                                                   |                             |                                           |                            | Limassol Nautical Club<br><a href="#">Home - Limassol Nautical Club</a><br>25-318181                                                                                     | Lessons schedule based on individual needs         | Schedule subject to availability | Schedule subject to availability |

**Disclaimer:**

Please note that the activities listed below are not organised or supervised by St John's School. The school does not endorse or take responsibility for any aspect of these events, including safety, supervision, or content. Parents and guardians should assess the suitability of these activities and make their own arrangements directly with the organisers.

|            | EPISKOPI STATION                                        |                      |                                 |             | AKROTIRI STATION                                     |                      |                                 |             | REPUBLIC OF CYPRUS                                                                                                      |                                   |                                         |                                  |
|------------|---------------------------------------------------------|----------------------|---------------------------------|-------------|------------------------------------------------------|----------------------|---------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------------|----------------------------------|
| ACTIVITIES | ORGANISERS                                              | MEET                 | DAY                             | TIME        | ORGANISERS                                           | MEET                 | DAY                             | TIME        | ORGANISERS                                                                                                              | MEET                              | DAY                                     | TIME                             |
| Taekwondo  | Jason Ainsley                                           | Episkopi school hall | Wednesday                       | 14:15-15:15 | Jo                                                   | Martial Arts Centre  | Monday<br>Wednesday             | 17:00-18:00 | Pambos Taekwondo<br><a href="https://www.pambostkd.com/en">https://www.pambostkd.com/en</a>                             | Pambos Taekwondo Centre, Limssol  | Various                                 | Various                          |
| Judo       |                                                         |                      |                                 |             |                                                      |                      |                                 |             | Piero Judo Academy<br><a href="mailto:pierojudoclub@hotmail.com">pierojudoclub@hotmail.com</a><br>Mrs Antigoni 99580158 | Eustathiou Paraskeva 18, Limassol | Daily<br>(Based on age and skill level) | Various                          |
| Football   | MB Academy<br>(20+) MB Football Academy WSBA   Facebook | MUGA                 | Everyday<br>Age group dependent | 15:00-18:00 | MB Academy (20+) MB Football Academy WSBA   Facebook | MUGA                 | Everyday<br>Age group dependent | 15:00-18:00 | <a href="#">Apollon</a><br><a href="#">Aris</a><br><a href="#">Apea</a>                                                 | Various                           | Various                                 | Various                          |
| Athletics  |                                                         |                      |                                 |             |                                                      |                      |                                 |             | <a href="#">Limassol Lizards: Track &amp; Field Running Academy in Limassol</a>                                         | Lanitio Stadium, Limassol         | Tuesday<br><br>Mon – Fri                | 17:00-18:00<br><br>15:00 – 17:00 |
| Boxing     | Episkopi Gym                                            | Episkopi Gym         | Monday                          | 16:30-17:30 | Jo                                                   | Marshall Arts Centre | Thursday<br>Tuesday             | 17:00-18:30 | Polis Boxing Academy, Limassol<br>(20+) Facebook<br>Call Marios: 99436622                                               | Agias Zonis 5, Limassol           | Monday to Friday                        | Various                          |

**Disclaimer:**

Please note that the activities listed below are not organised or supervised by St John's School. The school does not endorse or take responsibility for any aspect of these events, including safety, supervision, or content. Parents and guardians should assess the suitability of these activities and make their own arrangements directly with the organisers.

|            | EPISKOPI STATION |                          |           |             | AKROTIRI STATION |      |     |      | REPUBLIC OF CYPRUS                                                                                                                                                                    |                         |           |                   |
|------------|------------------|--------------------------|-----------|-------------|------------------|------|-----|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------|-------------------|
| ACTIVITIES | ORGANISERS       | MEET                     | DAY       | TIME        | ORGANISERS       | MEET | DAY | TIME | ORGANISERS                                                                                                                                                                            | MEET                    | DAY       | TIME              |
| Golf       | Junior golf      | Happy Valley Golf Course | Monday    | 15:30-17:00 |                  |      |     |      |                                                                                                                                                                                       |                         |           |                   |
| Basketball |                  |                          |           |             |                  |      |     |      | Apollon, Aris Anorthosis<br><br>AEL Basket, Limassol<br><a href="mailto:Info@ael-bc.com">Info@ael-bc.com</a><br>97748203                                                              | Varies on age           | Various   | Various           |
| Badminton  | R. O'Missendon   | Station Gym              | Monday    | 17:00-19:00 |                  |      |     |      |                                                                                                                                                                                       |                         |           |                   |
| Padel      |                  |                          |           |             |                  |      |     |      | Padel Magic (Ypsonas)<br>Bookings through Playtomic app<br><br>For lessons contact Joseph 96-906080<br><br><a href="mailto:christis1989@hotmail.co.uk">christis1989@hotmail.co.uk</a> | Padel Academy, Limassol | Mon - Sun | Daily 07:00-12:00 |
| Hockey     | Happy Valley     | Happy Valley             | Wednesday | 16:00       |                  |      |     |      |                                                                                                                                                                                       |                         |           |                   |

**Disclaimer:**

Please note that the activities listed below are not organised or supervised by St John's School. The school does not endorse or take responsibility for any aspect of these events, including safety, supervision, or content. Parents and guardians should assess the suitability of these activities and make their own arrangements directly with the organisers.

|                                              | EPISKOPI STATION                                                                        |                          |                              |                                          | AKROTIRI STATION                                                                        |                      |              |             | REPUBLIC OF CYPRUS                                                                                                              |          |             |                                |
|----------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------|------------------------------|------------------------------------------|-----------------------------------------------------------------------------------------|----------------------|--------------|-------------|---------------------------------------------------------------------------------------------------------------------------------|----------|-------------|--------------------------------|
| ACTIVITIES                                   | ORGANISERS                                                                              | MEET                     | DAY                          | TIME                                     | ORGANISERS                                                                              | MEET                 | DAY          | TIME        | ORGANISERS                                                                                                                      | MEET     | DAY         | TIME                           |
| Kitesurfing, SUP, Kayaking                   | Lemmings, Happy Valley                                                                  | Lemmings HV              | Wednesday, Saturday & Sunday | 14:00-18:00<br>07:00-10:00<br>(variable) |                                                                                         |                      |              |             | Kiteflex<br><a href="http://www.kiteflex.com">www.kiteflex.com</a><br>99618448                                                  | Avdimou  | Various     | Various                        |
| Individual /small group Instrumental lessons | <a href="https://www.facebook.com/MusicServiceDCS">www.facebook.com/MusicServiceDCS</a> | DCS Music Service        | Various                      | Various                                  | <a href="https://www.facebook.com/MusicServiceDCS">www.facebook.com/MusicServiceDCS</a> | DCS Music Service    | Various      | Various     | Music Lessons by Nick<br><a href="mailto:panayi_99@hotmail.com">panayi_99@hotmail.com</a>                                       | Kolossi  | Mon-Fri Sat | 9am-9pm<br>9am-1pm<br>99957077 |
| Cadets                                       | Army Cadets Centre                                                                      | Cadet Building, Episkopi | Wednesday                    | 18:00 – 20:00                            | Air Cadets Lady Caroline Sgt Poole                                                      | Cadet Building OS AC | Tues. Thurs. | 18:00-20:30 |                                                                                                                                 |          |             |                                |
| Scouts                                       | Danny O'Missenden                                                                       | Happy Valley             | Thursday                     | 5:00 – 6:30                              |                                                                                         |                      |              |             |                                                                                                                                 |          |             |                                |
| Dance                                        |                                                                                         |                          |                              |                                          |                                                                                         |                      |              |             | Dance School<br><a href="mailto:Messisdanceschool@gmail.com">Messisdanceschool@gmail.com</a><br>Maria Messis<br>+357 25 361 692 | Limassol | Various     | Various                        |
| Drama                                        | SPACE Theatre:<br><a href="http://SPACETheatreEpiskopi">SPACE Theatre Episkopi</a>      | Various                  | Various                      | Various                                  |                                                                                         |                      |              |             | Limassol Theatre of Arts School<br><a href="http://www.limassolarts.com">www.limassolarts.com</a>                               | Limassol | Various     | Various                        |

**Disclaimer:**

Please note that the activities listed below are not organised or supervised by St John's School. The school does not endorse or take responsibility for any aspect of these events, including safety, supervision, or content. Parents and guardians should assess the suitability of these activities and make their own arrangements directly with the organisers.

|                                  | EPISKOPI STATION        |                         |          |             | AKROTIRI STATION                                                                                                    |              |                                         |             | REPUBLIC OF CYPRUS                                                               |                                                                            |               |           |
|----------------------------------|-------------------------|-------------------------|----------|-------------|---------------------------------------------------------------------------------------------------------------------|--------------|-----------------------------------------|-------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------|-----------|
| ACTIVITIES                       | ORGANISERS              | MEET                    | DAY      | TIME        | ORGANISERS                                                                                                          | MEET         | DAY                                     | TIME        | ORGANISERS                                                                       | MEET                                                                       | DAY           | TIME      |
| Go-Karting                       |                         |                         |          |             | Akrotiri Race Track<br>(20+) Akrotiri Kart Club<br><a href="#">Racing and Track Days</a>   <a href="#">Facebook</a> | RAF Akrotiri | Tuesday, Thursday<br>Saturday<br>Sunday | 1000 - 2300 | The Need4Speed Go-Karting Track<br>Call +357 99462269                            | Erimi, Limassol                                                            | Monday-Friday | Afternoon |
| Cheerleading<br>Dance/<br>Tumble |                         |                         |          |             |                                                                                                                     |              |                                         |             | Danceland, Cyprus<br><a href="#">DanceLand Studio – Dance School in Limassol</a> | Grigori Afxentiou & 1 <sup>st</sup> of April, 4003 Mesa Geitonia, Limassol | Various       | Various   |
| Art and Craft                    |                         | Creation Station, Dodge | Saturday | 10:30-11:30 |                                                                                                                     |              |                                         |             |                                                                                  |                                                                            |               |           |
| Greek Language                   | CLP Courses<br>25963800 | 55 AEC                  |          | 08:00-14:00 |                                                                                                                     |              |                                         |             |                                                                                  |                                                                            |               |           |

**Disclaimer:**

Please note that the activities listed below are not organised or supervised by St John's School. The school does not endorse or take responsibility for any aspect of these events, including safety, supervision, or content. Parents and guardians should assess the suitability of these activities and make their own arrangements directly with the organisers.