

KS3 PSHE Termly Lesson Overview

	Year 7			Year 8			Year 9		
	Health & Wellbeing	Living in the Wider World	Relationships	Health & Wellbeing	Living in the Wider World	Relationships	Health & Wellbeing	Living in the Wider World	Relationships
L1	What is a healthy lifestyle?	How can we budget our money?	My Cuppa Tea	Managing our behavior to achieve	Discrimination, Teens and Media	Male body Image	Self Harm	Navigating financial institutions	Body Image
L2	Mental Health introduction-Depression	Creating a personal budgeting plan	Personal identity	Teen pregnancy and Parenting	Homophobia	Sexting and image share dangers	How can we manage anxiety?	How can I avoid debt	Eating Disorders
L3	Consequences of not eating healthy	What are different financial products for?	Family Relationships	Self-confidence and Goals	Prejudice and stereotypes – disability	Safe sex-Consent	Alcohol awareness	Our rights as consumers	Peer Pressure
L4	The dangers of smoking & second hand smoke	Social Media – safe and private	Keeping good friends	Vaping, Nicotine and Addiction	Internet safety – online grooming	Safe sex-Contraception	Behaving to Achieve-Rules	How does knife crime impact on our lives?	Who are the LGBT Community?
L5	Managing anger	Prejudice and Discrimination – Racism	Falling in Love	Emotional literacy and self awareness	Finance Income and expenditure	Safe sex-STIs	How do we cope with stress?	How does the law treat young offenders	LGBT Lesson 2
L6	Puberty	How can we shop ethically?	Keeping safe and positive	Personal safety and first aid	Finance Budgeting and saving	Safe sex-Dangers of pronography	Growth mindset to achieve	Human Rights abuses	Abusive Relationships

KS4 PSHE Termly Lesson Overview

KS4 PSHE Termly Lesson Overview						
	Year 10			Year 11		
	Health & Wellbeing	Living in the Wider World	Relationships	Health & Wellbeing	Living in the Wider World	Relationships
L1	Why do people commit suicide?	What is Fake News and critical thinking skills?	Relationships with role models	Why do we take risks?	Independent Living	Happiness and Positivity
L2	Tattoos and piercings	What is anti-social behaviour and how does this affect communities?	Sexism and Prejudice	Obesity & Body Positivity	Internet Safety – the Dark Web	Bullying and Body Shaming
L3	Study Skills	What is money laundering and why are some students taken in by this crime?	Who are the LGBT community?	The importance of sleep	What is cyber-crime?	Relationship break ups
L4	Managing social anxiety	British Values – how does the criminal justice system work?	Gender and Trans identity	Perseverance and Procrastination	Globalisation – how does this affect us?	Consent and rape and sexual abuse
L5	How harmful is Binge-Drinking	What is overt and covert racism and why are people still prejudiced?	Same sex relationships	How does privilege affect us?	What is multiculturalism?	What is good sex?
L6	Living Sustainably	Why do some religious people become terrorists?	Conflict management	Personal safety-Wider world	What is right-wing extremism?	Safe sex and chem sex

KS5 PSHE Termly Lesson Overview

	Year 12		Year 13 *this year only	
Term 1	Living in the Wider World	Relationships, Health & Wellbeing	Living in the Wider World	Relationships, Health & Wellbeing
L1	Careers-Work ethic & motivation	Media and sex	Careers-Work ethic & motivation	Relaxation
L2	Careers- Leadership skills	Gender and Identity 1	Careers- Leadership skills	Controlling and coercive behaviour
L3	Cultural Appropriate	Gender and Identity 2	Cultural Appropriate	Cosmetic and Plastic surgery 1
L4	Free speech and hate speech	Feminism (2 hours)	Free speech and hate speech	Cosmetic and Plastic surgery 2
L5	Social Justice	Feminism	Social Justice	Parties, festivals and Drugs
L6	Ageism	Date rape	Ageism	Unplanned pregnancy and miscarriage

Term 2	Careers Focus	Careers Focus	Careers Focus	Careers Focus
L1	Careers-Employability	Careers-Employability	Careers-Employability	Careers-Employability
L2	Careers-Applications & personal pres	Careers-Applications & personal pres	Careers-Applications & personal pres	Careers-Applications & personal pres
L3	Careers-Personal Branding	Careers-Personal Branding	Careers-Personal Branding	Careers-Personal Branding
L4	Careers-Problem Solving	Careers-Problem Solving	Careers-Problem Solving	Careers-Problem Solving
L5	Careers-Uni personal statements	Careers-Uni personal statements	Careers-Uni personal statements	Careers-Uni personal statements
L6	Careers-Personal statements 2	Careers-Personal statements 2	Careers-Personal statements 2	Careers-Personal statements 2

Term 3	Teachers swap classes. Repeat 6 lessons of Living in the Wider World and Relationships with Health and wellbeing.
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	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13	Whole School
2019-20		Social Action Day	Contraception Talk First Aid Training	Contraception Talk First Aid Training	Police and SAFFA Substance Misuse	Contraception Talk	Contraception Talk	Mock Election
2020-21							Whisk Away Careers and Cakes	