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Dear Parents / Guardians

As the weather warms up I am sure you agree with the need for the students in school to maintain their good health by keeping properly hydrated during the school day. To assist with this it is school policy that students are allowed to drink water during lessons, (with some obvious exceptions where this would constitute a health and safety hazard such as during science practical's), and they are encouraged to drink during break times.

Chilled bottled water is on sale in the tuck shop at very reasonable prices (30&50cents) and there are numerous water fountains positioned around the school. This water is also chilled and has the distinct advantage of being free.

Unfortunately the school is unable to provide the students with cups or bottles to drink from so it is important that, if your son or daughter wishes to drink from the water fountains, they bring with them each day a suitable water bottle. It would help us considerably if you ensured that your son or daughter did so.

Please also be aware that drinking in lessons is restricted to water. Fizzy drinks and particularly energy drinks are not allowed.

Thank you for your support and please do not hesitate to contact me if you have any concerns regarding this or any other school policy.

Yours sincerely

Andrew Armstrong Vice Principal St John's School



