

FM/SJS/20160304

4 March 2016

Dear Parents,

The PE department will be leading a 'Sport Relief Week' beginning on Monday the 14 of March culminating in a "Sporty Civvies Day" and fun run/walk on Friday the 18 of March.

'Sport Relief' is a national event and half of the money raised will be spent in the UK. The other half will be spent in the world's poorest communities. In the last two years, Sport Relief's cash has helped to enable: over 189,000 children to attend school and get an education, 16,500 people get the support they need to improve their mental health, funding for 23 projects that support people living with dementia and over 734,000 children to be given life-saving vaccines.

Throughout our 'Sport Relief Week' there will be a variety of fun events for all students to participate in. Activities will include: an early morning 'wake up, shake up', a NINJA Warrior course, a fitness and basketball challenge, senior basketball and netball matches, plus a whole school 30 minute Fun Run/Walk. Students are also challenged to do something 'Sporty' outside of school to try and raise a few extra euros, swimming, cycling and fitness challenges are just a few ideas!

Students should bring in a minimum of €2 on Friday 18 March and wear 'sporty red and white' civvies or fancy dress for the whole school fun run/walk. In addition to this donation, please encourage your child to collect sponsors and sponsorship money. To participate in any of the other sporting events throughout the week, students will be required to donate €1 towards Sport Relief.

Please find attached a programme outlining and explaining the events that will be taking place, plus a sponsorship form. Please encourage your child to participate in these fun events and to collect sponsors and sponsorship money (in advance) for the 30 minute fun run/walk on the Friday.

Students should hand in their sponsorship money at 07:30 on Friday 18 March during tutor time.

Please ensure that your child comes to school with a large bottle of water to keep them hydrated during the fun run/walk, now that the weather is getting warmer.

I would like to take this opportunity to thank you for your continued support of our charity fundraising. Should you have any questions about the Sport Relief Week, please do not hesitate to contact me at school.

Yours sincerely

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